bee formless™
LEARN · UNLEARN · RELEARN

Inside Out Leadership Momentum

A 3-session high-impact experience to restore clarity, reset rhythm, and activate Soulful, High Flow Conscious Leadership™

The **Bee Formless™ Inside Out Leadership Momentum** is a focused, 3-week experience designed to reshape you rapidly from fog, friction, or flatness into clarity, energy, and access High Flow - where you shine your brightest, by feeling and performing at your best. Using the **formless™ methodology**, we'll work on one priority opportunity and activate momentum you can sustain beyond the experience.

Who it's for:

Designed for high-performing founders, CEOs, C-suite leaders and visionaries:

- Navigating transition, change, complexity, disconnection or a big decision
- Who feel stuck, unclear, creatively blocked and operating from survival mode
- Seeking momentum without necessarily committing to a longer-term experience, right now

What we cover:

Over 3 sessions, we'll move lightly through the formless™ methodology:

- Diagnose your current life, leadership and career/business state (energy, rhythm, and clarity)
- Pinpoint the single most impactful opportunity for fluid and forward momentum
- Co-create an Inside Out Leadership Momentum action plan for immediate traction
- Embed quick wins, practical tools, and practices to sustain momentum beyond the experience

What's included:

- **Pre-session Leadership Momentum Questionnaire (quick online) to focus your priority**
- **3 × 90-minute Momentum Sessions (1:1 or founder + team), 1 x 30-minute post check in and real-time WhatsApp support between sessions**
- **A co-created Inside Out Leadership Momentum Plan on a Page and Play Book with practical tools, designed for your specific opportunity**

Investment:

$1,200 USD
(Local AUD pricing available)

Book your Leadership Momentum experience to create clarity, traction, and High Flow.

How the formless™ methodology works?

Over 3 sessions, we'll move lightly through the **formless™ methodology**, working on one priority opportunity and activate momentum you can sustain in your leadership beyond the experience.

Step 1. Learn

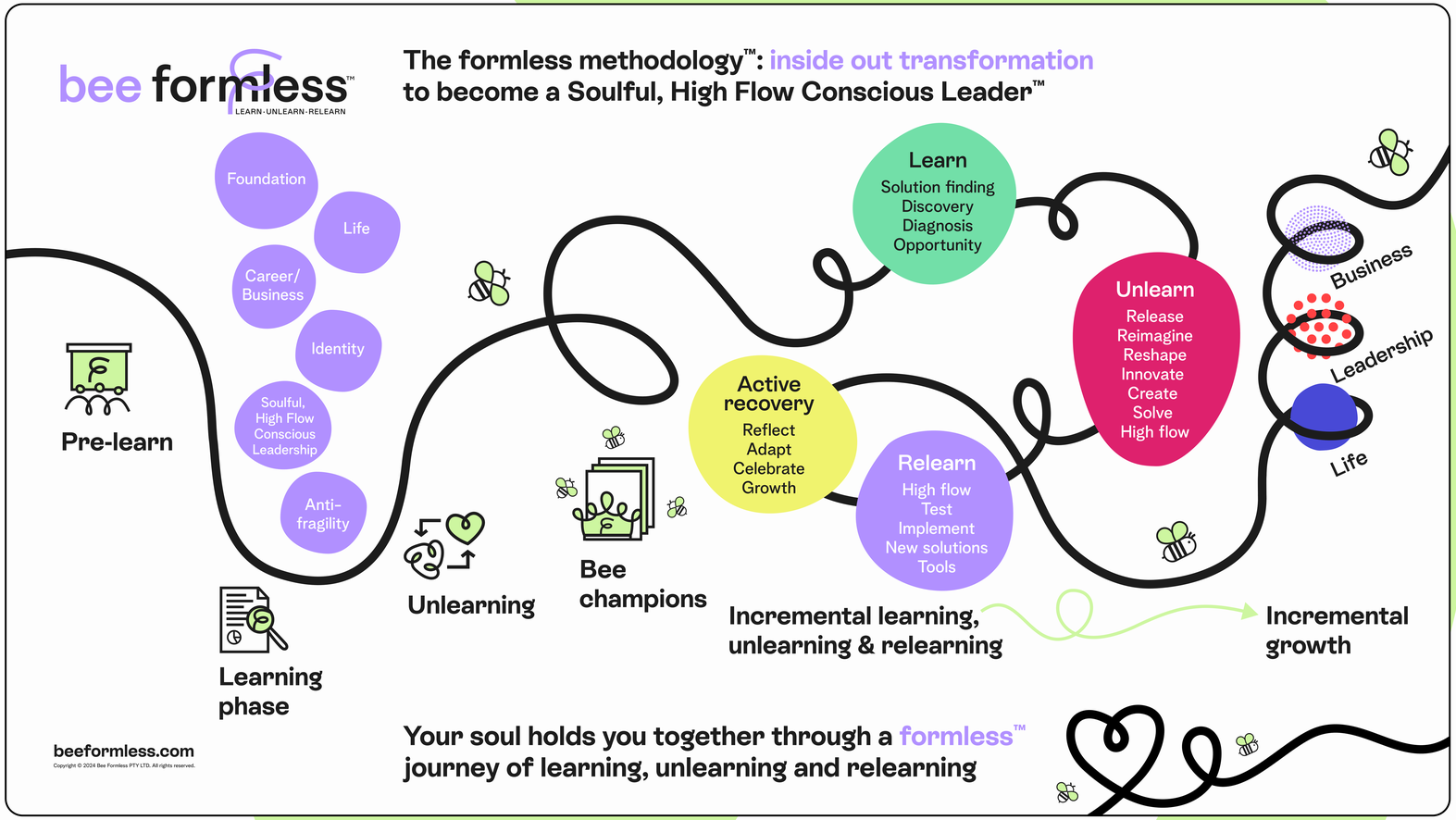
What's limiting us, illuminate blind spots and clarify what's essential

Step 2. Unlearn

Release outdated beliefs, behaviours, and bottlenecks, to reimagine momentum

Step 3. Relearn

Implement and test new energy, rhythms, clarity for the beginning of Soulful, High Flow, Conscious, Leadership™

Step 4. Active Recovery

Reflect, celebrate, and integrate for sustaining beyond the experience